

Medical Mission in India

with the India Gospel League

James Wood, 2023



How I got involved in medical mission work:

Voluntourism

- Always wanted to do mission work with people in places where medical care, poverty and hunger, with all their associated hardships, cause much suffering.
- Time constraints with family, work and social commitments, precluded such service while I was working.
- I retired in 2017 and wondered and prayed what should I do now that I have time available.
- When I travel I prefer off the tourist routes & places to see and be with the real people of that community to learn about their life, customs and their “real” community, often much to my family’s chagrin.



University at Buffalo

- I received an email from David Holmes, MD who is the Director of Global Health Education, University at Buffalo School of Medicine. They planned an annual trip with their 1st and 4th year medical students go to an impoverished community in Haiti (Fontaine, Haiti) without any meaningful health care nearby other than “witch doctors” who didn’t particularly like us!
- (FOF) Fontaine/St Gabriel’s School
- 30 min drive off the poorly paved road
- Cultural sensitivity/respect
- Drums in the night



Medical Mission Work

- It is a good thing to visit a poor country, make a donation and empathize with their suffering. It's another experience all together to live in those conditions with those people and serve them for a few weeks. Gratitude, Serving, Blessings, Suffering, Improvisation & God's love.
- I've always wanted to find God. I met him many times in my mission work.
- I decided going forward to serve as more of a mentor to the providers where I travel as opposed to my more clinical care role up to now.
- Joined the Friends of Fontaine Board of Director's, Mentoring Sharon Hospital's (India) staff as they develop their In-Patient Hospice and Palliative Care Unit.

INDIA GOSPEL LEAGUE

- India Gospel League is a church-planting organization in India that seeks to bring the Gospel to the unreached people of rural India. Over 90,000 village churches have been planted in the past 25 years. Their mission is carried out through four specific programs: Evangelism and Church Planting, Children's Ministries, Medical Outreach, and Rural and Economic Development.
- Serves in India, Bangladesh & Sri Lanka

India Gospel League; Sharon Hospital

Vision Statement

Affordable and Sustainable Health Care to All.

Mission Statement

Sharon cancer Center and General Hospital exists to provide affordable and accessible health care to marginalized people through its Hospitals, Diagnostic Centers and Community health

Programs

Main campus: Hospital & Palliative Care, Community College, School of Nursing, Dairy Farm, Industrial Training, Children's Home/Orphanage, Primary School

INDIA GOSPEL LEAGUE

- **SERVE THE POOREST OF THE POOR**

- We work specifically with local pastors to address the physical and economic needs faced by the people in their region. Many villagers, especially those from the lower-castes, are extremely poor, and most have little or no opportunity for advancement. As a result, villages remain in a cycle of poverty. We help church leaders reach out with care and the compassion of Christ while also meeting practical needs with things like clean water wells, nutritious food, literacy and skills trainings, and so much more.
- We put resources and training into the hands of faithful IGL leaders and have found that empowering them creates something far more sustainable than a temporary lift out of difficulty. IGL leaders are equipped, trained, and resourced to be able to meet needs with accountability and a person-to-person approach.

NUTRITIOUS MEALS

TELEHEALTH

SPECIAL CARE PROVIDERS

HOUSING FOR LEPROSY

SHARON MARKET

ORPHANAGES

COMMUNITY CENTERS

MICRO-LOANS

SCHOOLS/COMMUNITY COLLEGE

India Gospel League

- IGL has **invested in more than 90,000 villages** in the past 25 years, and from the people who have been impacted, their hope is shining out to a world darkened by desperate poverty. IGL has grown from a small organization in South Asia to an international network; sharing hope, serving with compassionate care and seeing God at work. On top of that, everything that IGL does is with the goal of helping communities become sustainable.

Trip to India & Home

ROC > EWR > MUC > BOM (32 hrs) next AM > CJB (Coimbatore) > Sharon by van.

Long exhausting trip.

Lost luggage. Luggage never arrived in India until I had gone home.

I had meds and most essentials in carry on

Arrhythmia (AF) on arrival

First day of Hindu Harvest Festival (loud speaker's, ?gun shots)

Gracious hosts and co-traveler's.

Sharon by van > CJB > BOM > ZRH > ORD > ROC 44 hrs (Zombie)

Persistence, Patience, and Acceptance

LABORATORY
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SHARON CANCER CENTER AND GENERAL HOSPITAL
OUTSOURCE INVESTIGATION LIST

NAME OF THE TEST	
T3,T4,TSH	STOOL OCCULT BLOOD
FT3,FT4,TSH	PUS C/S
THYROID ANTIBODIES	URINE C/S
PSA (TOTAL)	BLOOD C/S
PSA (FREE)	P/S
PSA (TOTAL & FREE)	BIOPSY
TESTOSTERONE TOTAL	SPUTUM C/S
TORCH PANEL	RO WATER C/S
IRON/TIBC	SWAB C/S
FEBRITIN	PTH
HB ELECTROPHORESIS	LDH
ANA	HBA1C
ANTI-DS DNA	PHOSPHORUS
ANTI CCP	MAGNESIUM
ANTI PHASPHOLIPID	RA FACTOR
PANEL	CRP
CEA	ASO
Ca125	GAMMA GT
CA19-9	AMYLASE
CARDIOLIPIN IGM/IGG	LIPASE
C3/C4	CPK
C-PEPTIDE	CK-MB
STONE ANALYSIS	FSH
ANTI SPERM AB	STOOL ANALYSIS & C/S
BETA HCG	SPUTUM FOR AFB

**NO
SMOKING**



**புகை
பிடிக்காதீர்**

SHARON CANCER CENTER AND GENERAL HOSPITAL
LAB INVESTIGATION TURNAROUND TIME

NAME OF THE TEST			
HAEMATOLOGY TEST	BIO-CHEMISTRY TEST		
COMPLETE BLOOD COUNT & ESR	1 Hour	LIPID PROFILE	1 Hour
COMPLETE BLOOD COUNT(CBC)	1/2 Hour	TOTAL CHOLESTROL	1/2 Hour
TOTAL WBC COUNT (TC)	1/2 Hour	TRIGLYCERIDES(TGL) CHOLESTROL	1/2 Hour
DIFFERENTIAL COUNTS (DC)	1/2 Hour	LIVER FUNCTION TESTS	1/2 Hour
ESR	1 Hour	SERUM BILIRUBIN (T & D)	1/2 Hour
HEAMOGLOBIN (HB)	1/2 Hour	SERUM ALKALINE PHOSPHATASE	1/2 Hour
TOTAL RBC COUNT	1/2 Hour	SGOT	1/2 Hour
PLATELETS COUNT	1/2 Hour	SGPT	1/2 Hour
PACKED CELL VALUE (PCV)	1 Hour	SERUM TOTAL PROTEIN	1/2 Hour
BLEEDING TIME (BT)	1/2 Hour	SERUM ALBUMIN	1/2 Hour
CLOTTING TIME (CT)	1/2 Hour	SERUM TOTAL PROTEIN A/G RATIO	1/2 Hour
PROTHROMBIN TIME (PT)	1/2 Hour	SERUM ELECTROLYTES	1 Hour
A.PTT	1/2 Hour	SERUM SODIUM	1/2 Hour
BLOOD GROUPING & RH TYPING	1/2 Hour	SERUM POTASSIUM	1/2 Hour
MP-CARD METHOD	1 Hour	SERUM CHLORIDE	1/2 Hour
MONTAUX TEST	48 Hours	SERUM BI-CARBONATE	1/2 Hour
SEROLOGY TEST	SERUM URIC ACID	SERUM CALCIUM	1/2 Hour
DENOU - CARD METHOD	1 Hour	CILINICAL PATHOLOGY	
BLOOD WIDAL TEST	1 Hour	URINE COMPLETE	1/2 Hour
HIV - 1 & 2-CARD METHOD	1/2 Hour	URINE SUGAR	15 Minutes
HbAg - CARD METHOD	1/2 Hour	URINE ALBUMIN	15 Minutes
HCV-CARD METHOD	1/2 Hour	URINE KETONE	15 Minutes
VDRL - CARD METHOD	1/2 Hour	URINE GS & BP	15 Minutes
BIO -CHEMISTRY TEST	URINE PREGNANCY (HC)	PACKAGES	
BLOOD SUGAR	1/2 Hour	MASTER HEALTH CHECKUP	2 Hours
GLUCOMETER SUGAR	10 Minutes	SURGERY PACKAGE	1 Hour
BLOOD UREA	1/2 Hour		
SERUM CREATININE	1/2 Hour		









B.P : 110/70 mm/hg
Pulse :
Sugar :
Temp :
Others :

TREATMENT :

→ clo. ankle pain,
opposite pain.

Mr:

- 1) T-arsels. P 1505 x (5)
- 2) T-RCT 1000 x (5)
- 3) T-calcium D₃ 1000 x (10)

MEDICINE LIST

I. **VITAMIN SYRUPS & TABLETS**

1. Tab. Multivitamin (MVT)
2. Tab. B Complex tablets (BCT)
3. Tab. Ferrous Sulphate (FST)
4. Tab. Calcium
5. Tab. Neurobion forte
6. Tab. Iron
- 7.

II. **ANTIFUNGALS, SCABIES & WOUNDS (OINTMENTS & LOTION)**

1. Oint. Beclomethasone & Clotrimazole (Fungidid - B)
2. Oint. Betamethasone & Tolnaftate (Quilderm)
3. Calamine Lotion
4. Oint. Silver Sulphadiazine (Silverex)
5. Oint. Povidon Iodine (Betadine)

III. **ANTIBIOTICS**

1. Cap. Amoxicillin -250, & 500mg
2. Cap. Doxycycline 50mg, 100mg
3. Tab. CEPHALAXIN 250,mg
4. Tab. cipro-Tz (ciproflaxin/rindazolam)

ANTISPASMODIC, HYPER ACIDITY, ULCER & VOMITING

1. Tab. Spasmonil (Dicyclomine Hydrochloride and Para)

2. Tab. Ranitidine 150mg
3. Tab. Domstal (Domperidone)
4. Tab. Pantaprazole 40mg
5. Tab. Ondansetron 4mg
6. Syp. Antacid

v. DIARRHOEA & DYSENTRY

1. Tab. Metronidazole & 400mg
2. ORS Powder (Oral Rehydration Solution)
3. Tab.LOPERAMIDE

VI. WORMS INFESTATION

1. Tab. Albendazole 400mg

VII. HYPERTENTION

1. Tab. Amlodipine 5mg

DIURETICS

2. Tab. Frusimide 40g

ANTI MIGRAINE

3. Tab. Stugeron 25 mg (Cinnarizine)

VIII. STERIOD

- IX. Tab. Prednisolone – 5mg (Wysolone)
- X. 2.Tab.Methylprednisolone -4mg (metslone)

ANTI-HISTAMINIC & BRONCHODILATOR

XI.

1. Tab. Phenylephrine HCl & Chlorpheniramine maleate (No Cold)
2. Tab. Cetirizine 10mg
3. Syp. Cetirizine 10mg
4. Tab. Pheniramine 25mg (Avil)
5. Tab. Theophylline
6. Cough sy. phenylephrine HCL chlorpheniramine

EYE & EAR DROPS

XII.

1. Drp. Gentamycin (Genta)

ANALGESIC & ANTIPYRETIC & ANTI-INFLAMMATORYS

1. Tab. Para 500, 650mg
2. Syp. Para 250
3. Tab. Ibuprofen 400mg + Para
4. Tab. Aceclofenac + Para
5. PRS GEL (DICLOGEL)
6. Tab. Methotrexate 5mg (Leetrexate)
- 7.





